



Newsletter February 2011

OPENING TIMES

Easter - Closed Saturday 23rd, Sunday 24th and Monday 25th April

Last Saturday afternoon opening - 23rd April

May Day Weekend - closed Sunday 1st and Monday 2nd May

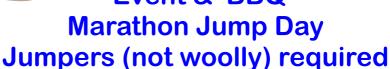
Spring Bank holiday - closed Sunday 29th and Monday 30th May

Sunday closing in May 3.30pm

Sunday closing in June 2.00pm



Sunday June 5th Mountainous Charity Event & BBQ



A team of intrepid skiers will attempt to jump the height of K2 the second highest mountain in the world after Everest - 8611metres or 28251ft

The skiers will complete continuous circuits and the distance of each jump will add to a running total.

The aim is to raise money by sponsorship for the number of jumps completed or by a donation for the event.

Money raised will go to Lifeworks Staffordshire which supports individuals with Asperger's Syndrome.

If you would like to join in the fun and jump for charity put your name on the list and pick up a sponsorship form from the club.

Spectators are needed to spur the jumpers on so come and see the action - BBQ available. N.B. sorry kids no club today but over 12s can join in the jumping.





Photo competition

This year's title The Skier



No more than three entries per person.

Please send entries in digital format to ann.loton@ntlworld.com

Printed copies can be left at the ski club for the attention of Ann Loton

Winning entries will be published in the newsletter.

Have your entries in by no later than 27th April.

Sports & Remedial Massage Therapy

For sport, recreation & occupation related proble

- · Muscular Aches & Pains ·
- Postural Deviations
- · Chronic Tension ·
- · Strains & Sprains ·
- Restore Joint & Muscle Mobility
 - Pre & Post Event Massage •



For an appointment contact Amanda on...

M: 07927 913840

E: sports-massage-therapy@live.co.uk

Club Holiday 2011 - Val d' Isere



This year's club holiday to Val d'Isere got off to an early start on January 16th. We arrived in resort to blue skies and plenty of snow although underfoot was very precarious as hard packed ice covered the road and pavements. Next morning people were eager to try out the conditions on piste.

The closest lift was about 5 minutes walk but another 2 minutes walk led to the Funival Funicular which took you right to the top of the mountain. From there you could drop into Val d'Isere centre or ski over to Tignes. Unfortunately the ski school meeting place and the

Unfortunately the ski school meeting place and the nursery slopes were in Val d'Isere centre which meant, for the beginner skiers, from our hotel in La Daille a free bus journey of about 5 minutes.

We were not disappointed on the slopes, there was a good covering although in places it was hard packed. The off piste skiers did not fare so well as most areas were crusted and wind blown. Over the week we experience very low temperatures - 17C without wind chill, brrrr. This did mean that snow conditions remained the same with a little light dusting on Wednesday night. The variety of runs provided lots of fun for all abilities. Everybody found the chair lift over to the glacier in Val d'Isere an experience not to be missed.

One unfortunate event, a member of the club had his rented skis stolen from outside a restaurant, a reminder to us all if we do not have a lock to put odd skis together and place them a distance apart on the ski racks.

We were disappointed in the size of the public rooms but it didn't prevent lots of après ski fun particularly on quiz night.

Yes, this is our treasurer John Daines (dancing on the table) who couldn't resist the beat.



Many thanks go to Jo Stackhouse for her hard work in very difficult circumstances to make this holiday the success that it was.

If anyone would like to contribute a short article about their experience on the club holiday or about a ski holiday which was memorable please send your article to ann.loton@ntlworld.com or leave a copy for the attention of Ann Loton at the ski club.

Rode Park and Lawton Cricket Club

Free coaching available during Easter

U9's Softball cricket comes to Rode Park and we are looking to recruit new players.

Boys and girls aged 7, 8 and 9 are welcome to come along and join in the fun.





Contact info

Please get in touch if you are interested in coming along or would like more information

Julie Richards

(01782 777339, after 7pm)

Stuart Nixon

(07910 222153, stuart.a.nixon@gmail.com)

Rode Park and Lawton Cricket Club is a Clubmark accredited club, thus you can rest assured that child welfare is important to us. All practice sessions are run by our enthusiastic ECB qualified coaches



FIX FOR FIVE

Fix your servicing costs for up to FIVE years!

We are all now well used to paying our household expenses on a monthly plan – mobile phone, gas and electricity, rates etc. etc. Well, now you can do the same with your car service costs AND fix those costs for up to five years.

We are very pleased to announce a UNIQUE service to our Endon Rewards loyalty scheme members – a new fixed price servicing package – BUDGET PLAN.

Endon Rewards Budget Plan Service provides your regular manufacturer scheduled vehicle servicing for a single fixed monthly payment. You can fix your service costs with us at today's prices for up to FIVE years and the payments are simply based on your expected annual mileage NOT the car that you drive!

See Schedule of Payments table on the right...

For annual mileages above or below the figures shown, please ask for an individual quotation.



Our Budget Plan covers all the parts and labour (including VAT!) for your manufacturer scheduled service plans. You only have to pay for any wear and tear items which are required at the time of repair. You are also required to have your annual MOT carried out with us but we make a special price offer of £40 to all our Budget Plan customers, saving £14 against the normal MOT recommended price. The budget plan and its payments are completely transferrable if you change your car and you can cancel the scheme at any time without any charge or hassle whatsoever.

Miles per year	FIXED Monthly Payment
10,000	£10 + Vat
15,000	£15 + Vat
20,000	£20 + Vat
25,000	£25 + Vat
30,000	£30 + vat
Over 30,000	Ask for a quote

Please contact us if you require help or advice at any time

Office hours 01782 50 50 50 - Evening and other times 07866 253869 or 07831 296982

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