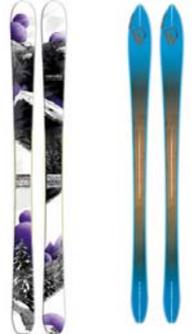




**NORTH STAFFS  
SKI CLUB LTD**

# NEWSLETTER October 2012

## Dates for your diary.

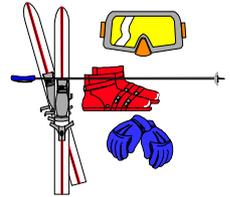


**SATURDAY 17 November  
2 - 5pm  
Come and try out the latest  
Salomon skis**

A representative from Salomon UK is bringing the latest skis for you to try. Treat yourself to an early Christmas present.



### **Ski Wear Bring and Buy Sunday 18th November**



**For 2 Weeks Only  
Another chance to sell those  
unwanted ski items and buy a bargain.**

**If it is your first ski holiday, get kitted out at really good prices.**

If you leave items to sell they must be clearly labelled with your name and telephone number. Money received will be enveloped and retained at the ski club until collected.

Please ensure all goods not sold are collected **before December 9th**. The club does not accept responsibility for items left for sale. We do not have any storage space for left items. You can place an advert on the notice board but do not leave items at the club.

**Any items NOT COLLECTED will be donated to charity**

Advance Notice (sorry to mention it)

**SUNDAY 16TH DECEMBER**

**JUNIOR CLUB CHRISTMAS PARTY  
SKI FROM 9.30 TO 10.30**

**PARTY FROM 10.30**



As the club is run on a voluntary basis will parents contribute by donating items for the party such as: - Sandwiches, Crisps, Cakes, Sausage Rolls, Drinks, and Biscuits etc.

Any offers of help are always greatly appreciated, especially on occasions like these. If anybody wishes to help out with the party, could you please leave your name with someone behind the ski counter?

For further information please see Simon at the slope on Sunday mornings.



SNOWSPORT  
ENGLAND

Member of the British Ski Slope  
Operators Association

Kidsgrove Ski Centre, Bathpool Park, Kidsgrove,  
Stoke on Trent, ST7 4EF Telephone (01782) 784908

[www.ski-kidsgrove.co.uk](http://www.ski-kidsgrove.co.uk)

Company Number: 4337963



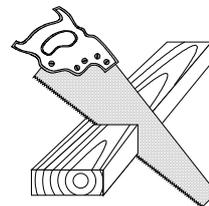
Active  
Accessible  
Accredited

## Summer shutdown maintenance program update

It gives me great pleasure and a feeling of satisfaction to thank all the volunteers who gave their time this summer to do the jobs that keep the ski club operating. To give you some idea of the scale of work undertaken by our happy gang, read on.

### The Boot Room

- New shelving and cupboards have been installed and painted,
- Boots and Skis have had their annual MoT repair and polish.
- Some electrical work was undertaken to make things easier around the counter area.



When you walk down the path to Ski Club, notice the new 'posh' sign on the building with some extra information displaying the new accreditation logo and website etc.

We have been busy on the Ski Slope.

- The Safety Net has been tightened and repaired, [please only use it in an emergency].
- The Spray Jets cleaned and the matting around the Jet Housings has been fixed.
- The Picnic/Viewing Area has had a major refurbishment to stop it sliding down the slope. you can use it again now and watch the skiers whizzing past.
- The underground Water Tank was emptied and cleaned out.



### Work done on the Tow

- A new Tow Wire,
- A new Guide Rail fitted on the top Bull Wheel,
- All the Pommas have been serviced
- Some electrical work has been done in the Control Building.



The trees, hedges and all the grass, has been cut pruned or lopped, as deemed necessary. Then a general tidy up completed the work ready for the coming season.

Once again Boys and Girls, many thanks for all your hard work, and generosity in providing spare parts and the use of your tools and equipment for free. Without all this effort we would NOT have been open on time.

So on behalf of the Committee, I say 'give yourselves a pat on the back', and we will see you on the Piste.

Eric Hartley [Maintenance]

## SNOWSLIDERS DICTIONARY.

**Ski patrol** - a group of trained, experienced volunteers or professionals, wearing distinctive jackets with white crosses, who are responsible for maintaining safety, eliminating dangerous conditions, and treating injuries on the slopes. Skiers should realise, however that even though members of the patrol are prepared to respond instantly in any emergency, a broken hot tub is not considered a life threatening situation, and while patrol members do have sweeping powers, including the authority to withdraw lift privileges from reckless skiers and the sole discretion to close pistes, they cannot grant divorces, order children sent home or revoke the visas of obnoxious people.

## Are you Off-Piste Aware?

It's been snowing fresh champagne powder through the night, you've woken to cool temperatures and crystal clear blue skies and you've grabbed the first lift out of the resort. An epic day lies ahead!

The question is where to ski and is it safe – are you going to ski off piste and what is the avalanche risk? For many, off piste is the place to be, but there are questions:

- *where does the piste end and the off piste begin?*

In simple terms it ends as soon as you are outside the markers.

- *will ski patrol come and rescue me in the event of an incident?*

This often depends on the resort. In North America anything inside the resort boundary rope ("in bounds") is fair game, but in Europe often your cover ends at the piste markers. **The key – check in resort.**

- *am I insured?*

Some policies will not cover you at all, some will cover you with a guide or an instructor and some offer complete cover– **check the policy and ask at the time of purchase.**

- *what is the likelihood of an avalanche?*

The image shows an avalanche within 10m of a marked piste.

This final question is the key. In 90% of avalanche accidents the slide is triggered by a person – either the victim or someone else on the slope. Strangely, this is good news as it means you are in control and you can manage the risk. Consider:

- Where you go up and down
- How you go up and down
- How well prepared you are



In particular, the following factors will be important:

- angle – slopes around 25°-28° will avalanche, that's about the same gradient as a steep red;
- profile – whether the slope is convex or concave;
- altitude and aspect – as temperature cycles, wind and exposure to sun affect snow stability, then altitude and aspect are important factors;
- cornice location –cornices often fracture a long way back from the edge

Years of experience and the correct equipment (transceiver, probe, ABS Airbag) are required to ski confidently off piste, but you can gain valuable information by talking to guides, instructors or lift attendants about the current conditions, good route choices and areas to avoid.

**Please note that this is no means a definitive guide to avalanche safety – it is meant as a starting point for people who are interested to go and find further information. The best starting point would be an avalanche safety lecture. Have a look at the link below for more information.**

<http://www.henrysavalanchetalk.com/>



## Want to know how to prevent snow sport injuries

Visit [www.ski-injury.com](http://www.ski-injury.com), run by Dr Mike Langran of Aviemore Medical Practice. This website is written by an active ski patrol doctor who is a family doctor in a ski area with many years experience of not only treating these injuries both acutely on the slopes as they happen but also in a nearby medical clinic. He also conducts in-depth research into their occurrence and prevention and has recently been voted President of the International Society for Skiing Safety. "the prime aim of this website - to prevent injuries occurring in the first place whilst also emphasising that snow sports are in fact relatively safe"

# MASTERCLASS IS BACK!



- Are you looking to improve your ski technique?
- Have you hit a plateau and wondering how to take your skiing to the next level?
- Are you looking to get your ski legs back for your next skiing holiday?
- Are you thinking about becoming an instructor?
- Are you looking for a fresh challenge?

If the answer to any of the questions above is yes then maybe Masterclass is for you!

Masterclass is for intermediate to advanced skiers who are looking to take that next step towards improving their skiing ability. The class works on improving the foundations of your skiing technique (balance, stance, body management etc.) and in turn looks to improve your personal performance. The classes are run by our 2 coaches Neil Ravenscroft and Marc Clowes and are held every other Sunday evening between 5pm and 7:30pm. The dates for the rest of this year are below:

4th and 18th November

2nd and 16th December

The classes are for members only and cost £5 per session. **Minimum requirement for the class is the ability to ski parallel.** For more information contact Neil Ravenscroft, call the club on a Sunday afternoon or come down and give it a try!

**PLEASE NOTE:** As before we are asking that you try to book into the class beforehand like a regular lesson.



## FIX FOR FIVE

**Fix your servicing costs for up to FIVE years!**

We are all now well used to paying our household expenses on a monthly plan – mobile phone, gas and electricity, rates etc. etc. Well, now you can do the same with your car service costs AND fix those costs for up to five years.

We are very pleased to announce a UNIQUE service to our Endon Rewards loyalty scheme members – a new fixed price servicing package – BUDGET PLAN.

Endon Rewards Budget Plan Service provides your regular manufacturer scheduled vehicle servicing for a single fixed monthly payment. You can fix your service costs with us at today's prices for up to FIVE years and the payments are simply based on your expected annual mileage NOT the car that you drive!

**See Schedule of Payments table on the right...**



For annual mileages above or below the figures shown, please ask for an individual quotation.

Our Budget Plan covers all the parts and labour (including VAT!) for your manufacturer scheduled service plans. You only have to pay for any wear and tear items which are required at the time of repair. You are also required to have your annual MOT carried out with us but we make a special price offer of £40 to all our Budget Plan customers, saving £14 against the normal MOT recommended price. The budget plan and its payments are completely transferrable if you change your car and you can cancel the scheme at any time **without any charge or hassle whatsoever.**

Miles per year	FIXED Monthly Payment
10,000	£10 + Vat
15,000	£15 + Vat
20,000	£20 + Vat
25,000	£25 + Vat
30,000	£30 + vat
Over 30,000	Ask for a quote

Please contact us if you require help or advice at any time

**Office hours 01782 50 50 50 - Evening and other times 07866 253869 or 07831 296982**